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### Training

#### **Why train with BUA?**

Not only is BUA the only local basketball academy, but BUA is the only local sports program available in which the focus is specifically on development in the sport of basketball.

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#### **How is training with BUA different from any other?**

All instruction given at BUA is designed to benefit each student at the next level of basketball. No matter if that next level is Jr. High, High School, or College our instructors have been successful at each level and are prepared to help each student do the same.

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#### **How long are training sessions?**

Training sessions are 60 minutes in length at minimum. The length of each session is determined by the amount of instruction needed. Some students may require an hour and others may require more depending on skill level.

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#### **What should I do if I am running late or have to cancel an appointment?**

If you are running late on the day of a scheduled training appointment, in a timely manner please call or email the trainer in which you are scheduled with to notify him/her. All rescheduling of appointments will be handled by that specific trainer.

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#### **How do I register for training?**

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All of our registrations are submitted through a online program called sports signup. Please visit [www.sportssignup.com](http://www.sportssignup.com), click on the program you wish to register for, and complete the necessary steps as instructed.

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### BUA Trainers

#### **What are the requirements of a BUA Trainer?**

All [BUA trainers](#) must have a college basketball playing background at minimum. We feel that if each trainer has played on a high level then they have been coached on a high level and with the right amount of enthusiasm for teaching they will be able to do the same towards our students.

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#### **What makes the BUA trainers so qualified?**

At BUA we are a firm believer that if you have never played the game on a high level, how can you teach the game on a high level? Each and every one of our trainers have played or coached the game on a high level. Most of our trainers have went on to play on a professional level at one time and some are still currently active in their professional career. This means that they have learned the game, which helped them get to where they are, and they are still learning the game on a professional level to this day. You may recognize the face of a BUA trainer as a past/present local athlete which is what we want in order to develop a relationship with the community.

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#### **What are the available payment options?**

Payments are available to be made online at [registration](#), check by mail, and if discussed with your scheduled trainer a payment can be made at the pre-training meeting that is required before the initial training sessions begin. Sessions include 2 lessons/week and are bi-weekly which means every two weeks a notice of cancelation or means to continue is necessary. At that time payments will be handled and upon the event of cancelation that particular time slot will be opened.

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### Developmental League

#### **What is the BUA Developmental League about?**

BUA's Developmental League is not just an ordinary league. Of course we could always provide uniforms, organize rosters, have our participants run up and down the court day after day and not improve throughout the course of the league. However, We feel that just playing the game is no longer acceptable. We take pride in teaching which leads to a greater understanding of the game, more of an opportunity to excel as an athlete, more of an opportunity to enjoy the game, and enables the athlete to use what they have learned on the court and apply it off the court as well.

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#### **What all is included in the league fee?**

A uniform set, a league T-Shirt, two league training sessions per week, and one game per week is included in the league fee.

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### League Training

#### **Is training included with the league or separate?**

The developmental league includes training for many different reasons. One reason is that our main focus is on training, but without a game-like setting to place our students in along with the

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advanced training they receive, they will be less likely to reach their full potential through our program. Another reason is that we want the league to be as competitive as possible. With advanced training and games for the duration of the league, our students gradually improve day by day which raises the overall level of the league. The league training sessions are included in the league fee.

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### **What is the difference between Advanced Training and League Training?**

Advanced Training is catered to the specific needs of a specific athlete. It is more of a one-on-one or small group setting stressing the athletes individual skills. If an athlete needs attention to their shot, work on their ball handling skills, or work on their one-on-one scoring ability, Advanced Training will cater to those problems. League Training may be more of a team based type of training in order for the student to build confidence through the duration of the league and hopefully carry on to their upcoming school or club season.

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## BUA Cheer

### **Why BUA Cheer?**

BUA cheer is an extension of Basketball Universe which means that there will always be a focus on quality instruction, training, and development. Participants will cheer once each week at the BUA developmental league, perform at different events in the community, and will host cheer events as well.

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### **How advanced are the stunts in which the participants will be learning?**

All stunts learned by the participants will begin with the basics of stunt instruction and the level of difficulty will depend on the age group at hand. Safety is always our number one concern which is why every precaution necessary will be taken.

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### **Where will cheer training take place?**

Training will take place at ... park. Every so often training will take place in a gym in order to prepare for an event or upcoming performance. Due to the weather conditions in Bakersfield, a training location with sufficient shading and space will always be provided. Water will also be provided at each training as well.

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## Payment Options

### **What are the available payment options?**

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### **What are some of the different ways to pay for the League Fee?**

- The full league fee may be made at any time before the start of the league via check by mail, online during [registration](#), or in person on the available payment dates as seen on the [league schedule](#).
- If a first payment is made by June 25th, a post dated check written for a scheduled payment date

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may be issued for the rest of the payment.

- Option to pay by debit card will also be available on the scheduled payment dates.

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